

## QUESTIONNAIRE FOR VALUES CLARIFICATION

*This exercise has an individual component and a group component.*

### **PART 1: INDIVIDUAL COMPONENT --**

**A. Have participants give demographic information**

**B. READ to Participant:** The purpose of this exercise is to help you explore your own values and attitudes toward family planning and safe motherhood issues and adolescent reproductive health issues. First, I will be asking you to tell me how important the things on these cards are to you. Please tell me if they are “THINGS YOU VALUE VERY MUCH,” “THINGS YOU VALUE,” or “THINGS YOU DON’T VALUE VERY MUCH.” Second, please choose the top five most important values to you. Third, please answer the questions (may need to read aloud, strongly agree/strongly disagree items).

**C. Have participants choose their top five values from those rated #1 (i.e., Things I Value Very Much). Write these on their sheet.**

**D. Have participants answer likert-type questions (Read aloud to them if necessary and mark their answers).**

### **PART 2: GROUP COMPONENT – (Focus group discussion)**

**Have participants discuss their top 5 values and why they think they’re important. How do these relate to family planning? Safe motherhood? Then, ask the questions you propose.**

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#### **Section A**

##### **DEMOGRAPHICS**

1: Identification number

Location: 1: Semuto 2: Lwamaggwa

2: Sex 1: Male 2: Female

3: Age

4: Position / Occupation

5: Education level: 1 None 2: Primary School 3: O’ level 4: A’ level & above

6: Marital Status: 1: Single 2: Married 3: Living with partner 4: Separated 5: Divorced  
6: Widowed

7: Number of children (if any) *if no children skip to No. 10*

8: How old is last Child? \_\_\_\_\_ Years

9: Where was the last child (ren) delivered?

10: Do you use family planning?

1: Yes

2: No → **B**

11: If yes what type

- I. Pill
- II. Condom
- III. Injection
- IV. Norplant
- V. Tubal ligation
- VI. Vasectomy
- VII. Calendar method
- VIII. Other (Specify)

### Section B: Values Rating

**1 - Things I value VERY MUCH**

**2 - Things I VALUE**

**3 - Things I DON'T VALUE very much**

	<b>Help Society</b>	Do something which contributes to improving the world we live in
	<b>Help Others</b>	Be directly included in helping other people, either individually or in small groups
	<b>Work Ethics</b>	Feeling satisfied from a job well done
	<b>Enjoyment of Life</b>	Enjoying life, having fun in life
	<b>Honesty</b>	Being able to tell people what I really think and believe; having them be honest with me.
	<b>Approval</b>	Having other people like me
	<b>Competition</b>	Engage in activities which pit my abilities against others
	<b>Make Decisions</b>	Have the power to decide courses of action
	<b>Respect</b>	Having other people think highly of me and hold me in good esteem
	<b>Leadership</b>	Be in a position to influence the attitudes or opinions of other people
	<b>Knowledge</b>	Understanding gained through study and/or experience
	<b>Work Mastery</b>	Become an expert in whatever work I do

	<b>Peace</b>	Living in a peaceful, harmonious society and environment
	<b>Creativity</b>	Have the opportunity to create new things, ideas, products, works of art
	<b>Freedom</b>	Being able to do or say what I want.
	<b>Good Character</b>	Knowing inside that I do the right, moral, just thing
	<b>Loyalty</b>	Sticking with people who are close to me and/or believe what I do
	<b>Justice</b>	Being fair and just and having others treat me fairly and justly
	<b>Stability</b>	Have a routine and duties that are largely predictable
	<b>Safety</b>	Be assured of being safe and free from harm
	<b>Recognition</b>	Be publicly recognized
	<b>Children</b>	Having happy, healthy children
	<b>Excitement</b>	Experience a high degree of (or frequent) excitement
	<b>Adventure</b>	Have duties which require frequent risk-taking
	<b>Power</b>	Having authority over others
	<b>Economic Security</b>	Having enough money to buy whatever I want.
	<b>Leisure</b>	Having time for hobbies, sports, other activities
	<b>Inner harmony</b>	Being at peace with one's self
	<b>Wealth</b>	Profit, gain, making a lot of money
	<b>Trustworthiness</b>	Having people trust me and being able to trust them
	<b>Challenge</b>	Do activities that use my physical and/or mental capabilities
	<b>Independence</b>	Be able to determine the nature of my day without significant direction from others
	<b>Change and Variety</b>	Varied, frequently changing responsibilities and settings
	<b>Moral Fulfillment</b>	Feel that whatever I do contributes to a set of moral standards which I feel are very important
	<b>Community</b>	Being a part of a close and supportive community
	<b>Caring</b>	Experiencing love and affection daily

	<b>Health</b>	Being free from disease or sickness, feeling good physically
	<b>Religion/Spirituality</b>	Doing what's right according to my religious and/or spiritual beliefs
	<b>Family</b>	Making sure my family members are healthy and safe
	<b>Friendship</b>	Having good, reliable friends I can count on

**Section C: Values Ranking**

Now, list your TOP FIVE ESSENTIAL VALUES (from those rated #1 above).

<b>MY 5 MOST ESSENTIAL VALUES</b>	
1.	
2.	
3.	
4.	
5.	

## Section D

Please indicate the extent of your agreement or disagreement with the following statements.

*These will get at perceived “proper roles” of males/females and attitudes toward each of our focal programs, which we can compare with values listed above.*

Please indicate the extent to which you agree or disagree with the following statements in terms of 1 “strongly disagree,” 2 “disagree,” 3 “neutral,” 4 “agree,” 5 “strongly agree”	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	
<b>Roles of Males and Females</b>						
Males and females should have equal rights.	1	2	3	4	5	
When a woman gets pregnant, it’s her fault.	1	2	3	4	5	
The more children one has, the more respected mothers are in the community.	1	2	3	4	5	
The bigger the family the better.	1	2	3	4	5	
More children is a sign of status in Uganda.	1	2	3	4	5	
Men should be responsible for choosing how many children they will have.	1	2	3	4	5	
Within the couple, both the wife and the husband should have equal say in important decisions.	1	2	3	4	5	
If you could have only one child, you would prefer a girl.	1	2	3	4	5	
If you could have only one child, you would prefer a boy.	1	2	3	4	5	
It’s okay for a man to beat his wife as a sign of discipline if she does something wrong.	1	2	3	4	5	
A woman should not question the authority of a man.	1	2	3	4	5	
It is difficult for a male to be faithful to only one woman.	1	2	3	4	5	
It’s the man’s fault if a woman gets pregnant.	1	2	3	4	5	
A woman should not expect her husband not to have other girlfriends outside the matrimony.	1	2	3	4	5	
A woman should not contradict her husband even if she disagrees with him	1	2	3	4	5	
Women cannot make good decisions on their own.	1	2	3	4	5	
Men should be virgins when they are married.	1	2	3	4	5	
A woman should have her first child before age 20.	1	2	3	4	5	
It is difficult for a female to be faithful to only one partner.	1	2	3	4	5	
My religion encourages us to have as many children as possible.	1	2	3	4	5	
My religion is very important to me.	1	2	3	4	5	
It is important to do as religious leaders say.	1	2	3	4	5	
The right thing to do is to follow politician’s advice.	1	2	3	4	5	
<b>Safe Mother Hood</b>						
Delivering babies at health facilities is a good idea.	1	2	3	4	5	
Delivering a baby at a health facility is safer than delivering a baby at home.	1	2	3	4	5	
Visiting a health facility to check on a pregnancy’s progress is a good idea.	1	2	3	4	5	

Having a baby is a natural event that should occur at home	1	2	3	4	5	
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<b>Family Planning</b>						
My religion is against family planning.	1	2	3	4	5	
Men should be responsible for family planning.	1	2	3	4	5	
Women should be responsible for family planning.	1	2	3	4	5	
Sterilization to prevent pregnancy, a permanent method, is a good idea.	1	2	3	4	5	
Taking the pill is a good idea.	1	2	3	4	5	
Using Norplant is a good idea.	1	2	3	4	5	
Using condoms are a good idea.	1	2	3	4	5	
Men should get vasectomies (a permanent family planning method).	1	2	3	4	5	
Women should get tubal ligation (a permanent family planning method).	1	2	3	4	5	
<b>Adolescent Reproductive Health</b>						
Girls should primarily be trained to be good wives and mothers.	1	2	3	4	5	
Boys should be taught how to care for babies.	1	2	3	4	5	
The youth should be educated about sex and reproduction	1	2	3	4	5	
Teenagers should have access to family planning.	1	2	3	4	5	
Teenagers need to know how to prevent pregnancies.	1	2	3	4	5	
Girls should be virgins when they are married.	1	2	3	4	5	
<b>Medical Workers Only</b>						
I chose to be a health worker to help people.	1	2	3	4	5	
I chose to be a health worker to gain respect in the community.	1	2	3	4	5	
I chose to be a health worker because my family expected me to	1	2	3	4	5	
I chose to be a health worker because I like taking care of sick people	1	2	3	4	5	
I chose to be a health worker to be able to earn some money	1	2	3	4	5	
It's difficult to deal with teens at my center.	1	2	3	4	5	
It's difficult to deal with men at my center.	1	2	3	4	5	
It's difficult to deal with women at my center.	1	2	3	4	5	
It's difficult to deal with Catholics at my center.	1	2	3	4	5	
It's difficult to deal with Muslims at my center.	1	2	3	4	5	

## **PART 2: Focus Group Discussion Guide**

**Convene members in a plenary session for the FGDs. Record proceedings and have a note taker**

**As part of the FGD, identify opinion leaders in the community**

1. From the previous exercise, please share your top 5 most important values.
2. In your opinion, who do you feel is an ideal man or woman?
3. How do these influence your decisions to use or not use family planning?
4. How do the values influence your decisions to use or not use a health facility when delivering a baby?
5. How do your values influence your decisions to use postnatal care services?
6. Where do you usually go for your healthcare services?
7. Why do you choose this particular unit?
8. What are some of the problems you face?
9. What do you think is the best way to address some of the problems?
10. Who are the most influential people in your community who may help in addressing some of these problems?

### **FOR ADOLESCENTS ADD THE FOLLOWING**

1. How do the values you have selected influence your decisions to abstain from sex?
2. How do they influence your decisions to attend adolescent friendly reproductive health services (AFRHS) at health u
3. How do the values influence your decision to practice protected sex?

### **ADD FOLLOWING FOR HEALTH WORKER**

1. How did you come to join the medical profession?
2. Among the values you have selected can you list those that influenced you to choose the profession?
3. Given the opportunity, would you change to another profession? If so, what are the reasons for change?
4. Do the circumstances/reasons that influenced you to take up this profession still the same that keep you in the profession? If not what has changed?
5. Are the values you have listed different from those that are influencing you to stay in the profession?
6. What are the major problems /challenges you face in your day-to-day work?
7. What do feel should be done to enable you perform your work better?

8. Who do feel are the most influential people in your community whom you would want to address your problems?
9. Does someone's religion influence whether or not they use family planning? How?